

## START TIME ASSIGNMENTS

Team #	Race Group	Race Group - Type	Race Group - Gender	Start Time
1	Bad Ass Lady Gang	Regular Team	Female	5:30 AM
2	We're Smokin' you	Regular Team	Male	8:00 AM
3	A Family Affair	Regular Team	Co-Ed	6:30 AM
4	A <sup>2</sup> + D= Dynamite	Ultra Team	Female	6:30 AM
5	Running Friends	Regular Team	Female	6:30 AM
6	"Sole" surfers	Regular Team	Co-Ed	5:30 AM
7	Salty Sisters	Regular Team	Female	6:30 AM
8	2C Squared	Ultra Team	Co-Ed	8:00 AM
9	Sassy Asses	Regular Team	Female	7:30 AM
10	Ruff N Tuff	Regular Team	Co-Ed	6:30 AM
11	Where's the Finish Wine!?!	Regular Team	Female	6:30 AM
12	We're Not For Everyone	Regular Team	Co-Ed	7:30 AM
13	Hollywood Abs	Regular Team	Co-Ed	6:30 AM
14	Late for Oktoberfest	Regular Team	Co-Ed	6:30 AM
15	Motley Brew Running Crew	Regular Team	Female	5:30 AM
16	Hiding from a knee replacement	Regular Team	Female	8:00 AM
17	Ormond MANIACS	Regular Team	Co-Ed	7:30 AM
18	Barista Boys	Regular Team	Male	7:30 AM
20	WTF (Where's the Finish)	Regular Team	Co-Ed	7:30 AM
21	Rum Runners	Regular Team	Co-Ed	7:30 AM
22	Surrounded by Beaches	Regular Team	Female	7:00 AM
23	The runaways	Regular Team	Co-Ed	8:00 AM
25	Stink and Drink Runners	Regular Team	Co-Ed	7:00 AM
26	Sunrise Sprinters	Regular Team	Co-Ed	6:30 AM
27	Imagine This	Regular Team	Co-Ed	7:00 AM
28	Runnin' Off the Rock	Regular Team	Female	5:30 AM
29	Runnin' Off the Rock 2	Regular Team	Female	5:30 AM
30	Quarter Life Crisis	Ultra Team	Female	8:00 AM
31	Catch Ya Later!	Regular Team	Female	5:30 AM
32	VULCANO TEAM	Regular Team	Male	7:00 AM

33	Coffee and Cordyceps	Ultra Team	Co-Ed	7:00 AM
34	Flaglerlicious	Regular Team	Female	8:00 AM
35	Graham Swamp Trail Crew	Regular Team	Male	8:00 AM
36	Show Us Your Kitties	Regular Team	Co-Ed	5:30 AM
37	The Squad	Regular Team	Co-Ed	5:30 AM
38	The Boyz	Regular Team	Male	7:00 AM

Sorted by Team Name

Team #	Race Group	Race Group - Type	Race Group - Gender	Start Time
6	"Sole" surfers	Regular Team	Co-Ed	5:30 AM
8	2C Squared	Ultra Team	Co-Ed	8:00 AM
3	A Family Affair	Regular Team	Co-Ed	6:30 AM
4	A <sup>2</sup> + D= Dynamite	Ultra Team	Female	6:30 AM
1	Bad Ass Lady Gang	Regular Team	Female	5:30 AM
18	Barista Boys	Regular Team	Male	7:30 AM
31	Catch Ya Later!	Regular Team	Female	5:30 AM
33	Coffee and Cordyceps	Ultra Team	Co-Ed	7:00 AM
34	Flaglerlicious	Regular Team	Female	8:00 AM
35	Graham Swamp Trail Crew	Regular Team	Male	8:00 AM
16	Hiding from a knee replacement	Regular Team	Female	8:00 AM
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38	The Boyz	Regular Team	Male	7:00 AM
23	The runaways	Regular Team	Co-Ed	8:00 AM
37	The Squad	Regular Team	Co-Ed	5:30 AM

32	VULCANO TEAM	Regular Team	Male	7:00 AM
2	We're smokin you	Regular Team	Male	8:00 AM
12	We're Not For Everyone	Regular Team	Co-Ed	7:30 AM
11	Where's the Finish Wine!?!	Regular Team	Female	6:30 AM
20	WTF (Where's the Finish)	Regular Team	Co-Ed	7:30 AM

HOLDING TIMES: **VERY IMPORTANT!** Compare your pace calculator arrival times to these times.

Exchange	Can't arrive before	Can't arrive after
1	6:15 AM	9:00 AM
2	7:15 AM	10:00 AM
3	8:15 AM	10:45 AM
4	9:00 AM	11:20 AM
5	9:40 AM	12:05 PM
6	10:10 AM	12:55 PM
7	10:45 AM	1:20 PM
8	11:15 AM	2:00 PM
9	11:40 AM	2:20 PM
10	12:00 PM	3:15 PM
11	12:15 PM	3:30 PM
Finish	12:45 PM	4:30 PM