



VOLUNTEERS

Thank you all for signing up to volunteer for the Deer Run! We have 85 kids signed up, our biggest kids run yet!

There are several special considerations when organizing an event just for kids, especially kids as young as 3 years old. We need more volunteers than usual and most of you are helping in more than one area.

A quick summary of the event: We have 3 age groups, each running different distances. The 3-5 year olds will run 0.6 mile, the 6-9 year olds run 2 miles and the 10-13 year olds will run 3.3 miles. A course map with the route descriptions are below.

Once you've read through the assignments below please let me know if you have any questions!

Name	Time	Assignment
Todd	7:00a-end	Set up & lead 3 rd race on bike
Andy	7:00a-11:00a	Set up and then water station
Lee Ann	7:00a-11:00a	Packet pick up and then timing
Lucy	7:00a-11:00a	Set up and then sweep long race
Sonia	7:00a-11:00a	Set up and then course sweep for 1 st & 2 nd race
Jessie W.	8:00a-12p	Packet pick up then on course (I will text you instructions)
Bernice	8:00a-12p	Packet pick up and then finish line refreshments
Chris	8:30a-12p	On course with all 3 races
Bob	8:30a-12p	Water station
Lisa	8:30a-12p	Hand out finisher medals, stickers, buttons (set them up if it's not done when you arrive)
Mike	8:00a-end	Course manager
Mickey	8:00a-end	Lead 1 st and 2 nd race
Ken	8:30a-12p	Calling numbers on walkie to timers for all 3 races
Jessie M.	8:30a-end	Timing
Kirsten	8:30a-12p	Finish line refreshments & help hand out finisher medals
Tony	8:30a-12p	At turn on the dirtroad until Lucy comes through with final race. This is where the kids come off the trail & either go to the finish(little kids) or turn right to continue on. Move cones as needed.
Matt	8:45a-	Deer Mascot
Scott	9a-last awards	Photographer

Description of assignments:

Parking: Parking is very straightforward and I will put out signs. No volunteers needed.

Packet pick up: This will be simple. There will be 3 lists, 1 for each race. Each kid gets a race number and safety pins. We use this number to do the timing so it's really important it's easy to read from their shirt, please tell them this. Mark off when they have checked in. Let them know where they are starting and what time. We aren't doing shirts and they will get their sticker, pin and finisher's medal at the end. Parents can run with their kids, they need to bring a signed waiver I emailed out or sign one at the event. One parent per kid.

If a kid wants to switch distances we need at least 20 minutes notice to change it in the software, tell Lee Ann and/or Jessie Magee.

Sweepers: Sonia you will follow behind the last runner for the 1st and 2nd race. Once you get to Jessie W. on course for the 2nd race let her know you are with the last runner and she will open up the trail for the next race. When you come into the finish please let me know the last runner in that group is done. Only remove course markings on the equestrian trail where you turn left at Jessie for 2nd race. Leave all other markings. Lucy, you will follow behind the last runner for the 3rd race. Please pick up flags and take down tape (wear something with pockets). Let the volunteers at the water station know the last runner is through.

Timers: Using Webscorer again, just like the other races. One of you will write down numbers and times as you see them and hear Ken call them over the radio (this is for backup if something is missed on the ipad). One of you will hit the race number on the screen when they come through, which records their finish time. Use the time of day on the clock I provide. Include seconds.

On course: For the youngest age group I expect a lot of parents to run with their kids. I will have a couple of you run with them just to make sure they go the right way and if anyone falls you can help them up. You will then run with the next 2 age groups also, just making sure everyone is doing ok and staying on course. You'll spread out and someone stay near the front behind the first few runners, then someone near the middle and somewhere near the back. It might be most effective to run along at a set pace, then slow down or stop, let a few runners pass you, run a little more and pass them again and just kind of do this leap frogging the whole way.

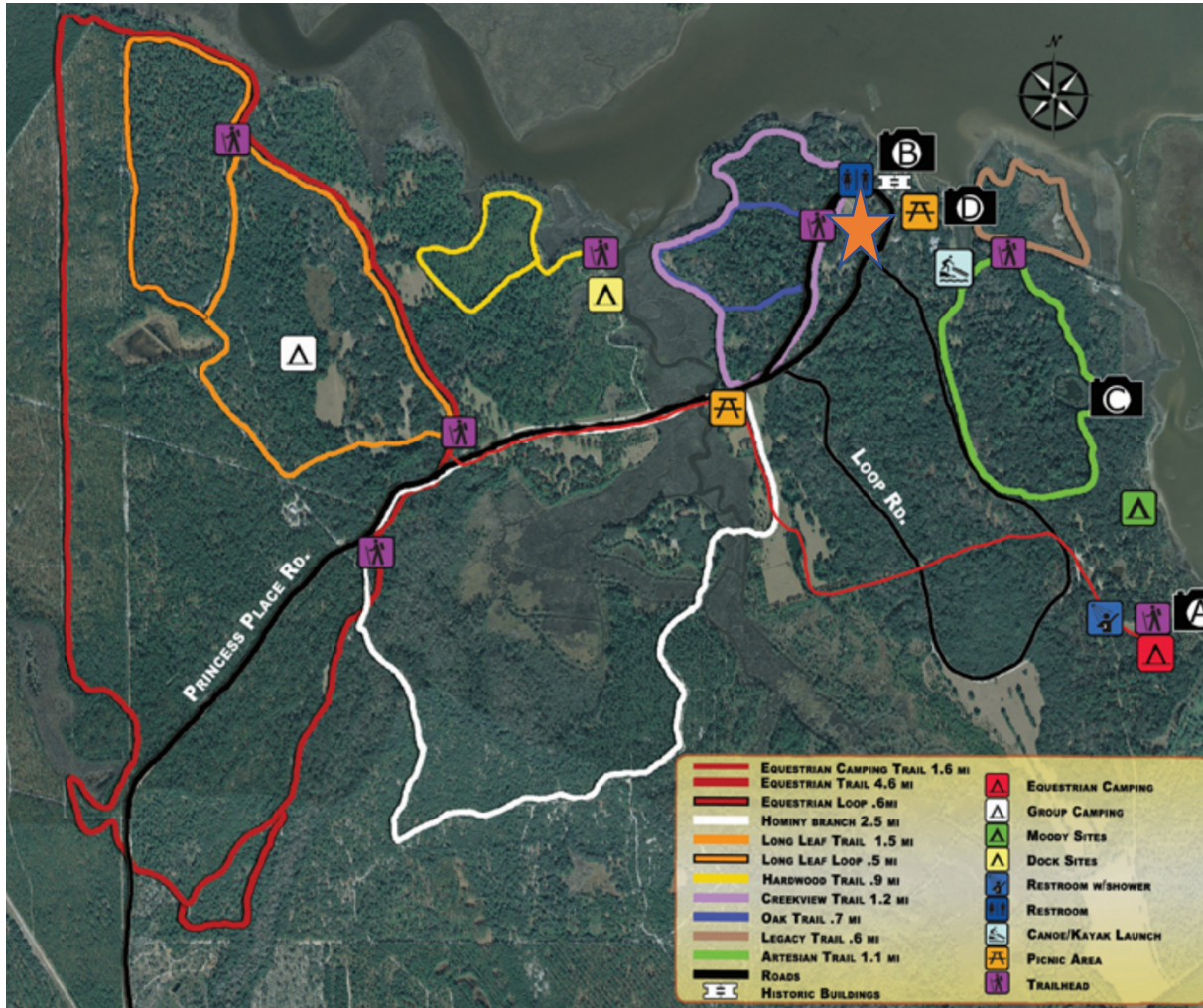
Medals: Hand out medals, stickers and buttons at the finish. Kids only, not parents.

Water station: We have one water station that both the 2nd and 3rd races pass. It's around mile 1.3 for the 2 mile race and 1.8 for the 3.3 mile race. Andy, you'll take out a table, water jugs, cups and a trash bag in your vehicle to the water station location, Mike Pane will show you where it is and Bob will go with you. It just needs to be set up by 9:30a. The first runner should get there around 9:55-10a. Once Lucy comes through as a sweeper you can tear it all it down and drive it back. The two races come from a different direction at that point so have Mike show you that. I would have the cups with water in them ready to go, not filled to the top. Make sure all cups are picked up afterwards please. We'll have around 63 kids total in the 2 races.

COURSE MAPS

This is a map of the entire park and all of the trails. Our event area is right below the blue bathroom icon near the H on the map, you can see a clearing there (orange star). All races start and end in that clearing and parking is right there along the fence line and in the grass. For the race courses we are using the Creekside Trail, Oak Trail, Loop Rd, Artesian Trail and Legacy Trail. See below for each race map.

*This map is not totally accurate



RACE 1

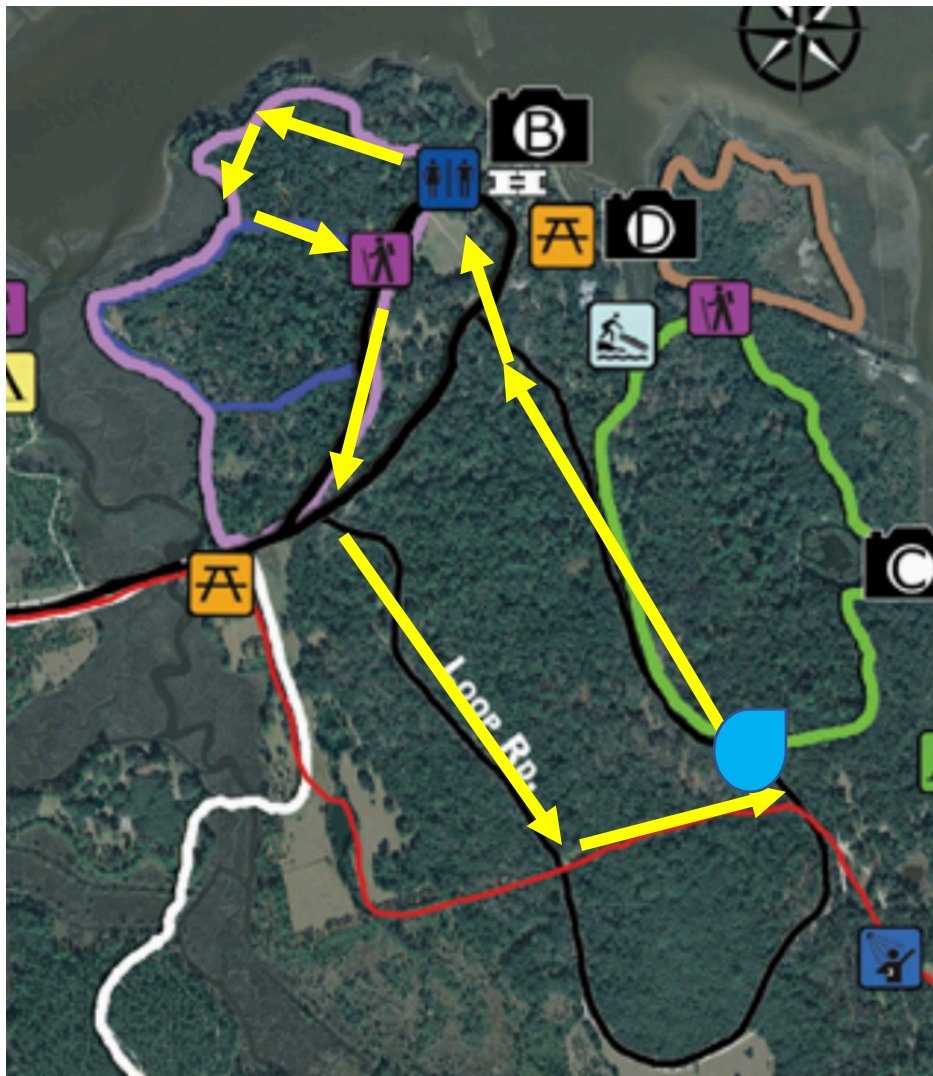
YELLOW ARROWS: The 3-5 year olds are running about 0.6 miles, They will start and end where the orange star is. They run out on the dirt road and very soon turn right onto the Creekside trail, there are trail markers there. They take Creekside to Oak & turn left which puts them on a sidewalk until they spit out on the dirtroad, turn left and head to the finish. We'll have cones and a person here to get them going the right way. The cones will need to be adjusted for the next 2 races.



RACE 2

YELLOW ARROWS: The 6-9 year olds run 2.07 miles. They do the same loop as the first race but then turn right onto the dirtroad and run it down until they turn left onto Loop Rd. They then turn left onto the equestrian trail (red line) and it pops back out on the Loop Rd, which they turn left on and run all the way back until they cut through the grass to finish.

The water station is the blue water icon where they come out of the woods from the equestrian trail and onto loop rd.



RACE 3

YELLOW ARROWS: The 10-13 year olds run 3.3 miles. They do the same course as the 2nd race except they do not take the equestrian trail and they add on the Artesian (green) and Legacy (brown) trails.

