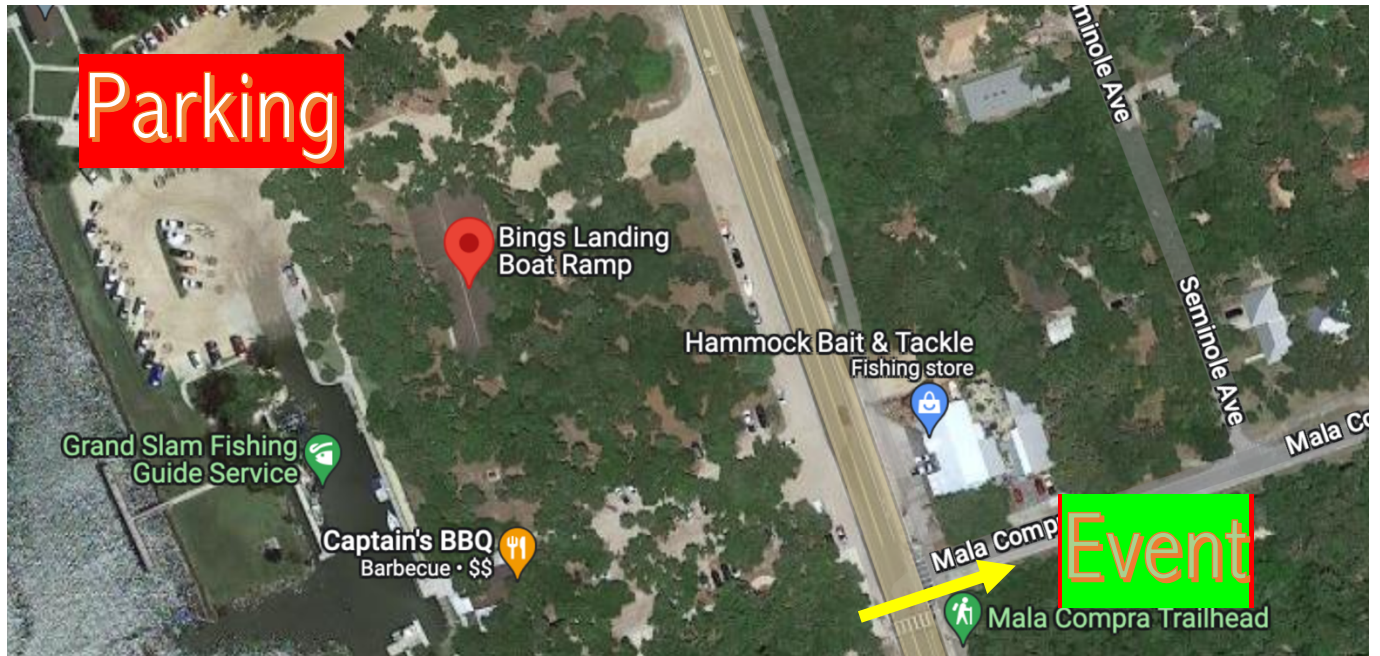




## EVENT DAY LAYOUT AND SCHEDULE MALA COMPRA TRAILS: 5900 N Oceanshore Blvd, Palm Coast



Packet pick up, the start line, the finish line, awards (everything) will be held at the trailhead (labeled “Event”), on the east side of A1A. The parking is on the intracoastal side at Bing’s Landing. There’s a lot of parking by the boat ramp and also indoor restrooms. Cross A1A using the pedestrian crossing where the yellow arrow is, there will be a crossing guard there at the start of the events. Do not cross A1A in any other spot than here. Vehicles are traveling at a high rate of speed.

Parking opens at 8a

Kids can pick up their race numbers starting at 8a

Races start at 9:30a

9:30a: The 3-5 age group will go first. They run 0.64 miles

9:45a: 6-9 age group starts once all of the 3-5 year olds are finished. They run 1.85 miles

10a: 10-13 age group starts (staggered start is necessary for course change over) They run 3.23 miles.

Start times are flexible within a few minutes. Your kid should be onsite with his/her race number on at least 15-20 minutes ahead of time.

Awards for each age group will be given out soon after each race is complete.



#### ADDITIONAL INFORMATION:

- All age groups will start on the hiking trail and then get on the mountain bike trail at different points.
- All kids receive a wooden branded finishers medal at the finish line.
- Everyone will be timed and results will be online.
- We'll have refreshments for all the kids after the races. Please bring a reusable water bottle, we do not hand out single use bottles.
- There will one water station on course for the 6-9 age group and 2 water stations for the 10-13 age group.
- Parents are allowed to run with their kids, one parent per child please. Please sign a waiver. There is no charge for parents.
- If your child would like to run a different distance than their assigned age group, they are welcome to. If they go up in distance they will be eligible for awards. If they go down in distance they will not be eligible for awards. Please let us know if you'd like to switch by 5pm Friday. If you decide Saturday morning, we need at least a 20 minute notice to make the necessary changes in our timing software.
- If your older child wants to run with their 3-5 yr old sibling before their race that is fine but please do not let them run with their number on.
- We will have a photographer taking pictures but feel free to take lots of pictures and videos and share them on the Facebook group.